

BREAKFAST

at **CARDOSO**

SUNRISE BREAKFAST

- Bacon, mushrooms, tomato
- Egg, beef patty, hashbrown &
- Toast, served with chips

129



MINI BREAKFAST

- Egg, rasher of bacon
- tomato, and slice of toast

49



CLASSIC BREAKFAST

- 2 Eggs, 2 rashers of bacon
- Tomato, chips and 2 slices toast

69



KICK START BREKKIE

- Scrambled eggs, 2 pork Sausage
- Tomato, toast and chips

99



CHEESE GRILLER

- 1 Egg, 2 rashers of bacon
- Cheese griller, toast and baked beans

65



RUINSIG BREAKFAST

- 2 Eggs, 2 rashers of bacon,
- 2 Pork bangers, 2 toasts and chips

79



CARDOSO MIXED GRILL

- 150g sirloin steak, beef patty, fried egg
- Boerewors, 2 rashers bacon and chips

169



PORTUGUESE
Cardoso
KITCHEN & BAR

BREAKFAST MENU

GOOD FOOD
ALWAYS TAKES
A LITTLE TIME
Thank you for
your patience

Food Allergy?
Ask before you eat...
We have a dedicated allergen menu available upon request.
Please inform us of any allergies or intolerances before ordering.

STARTERS

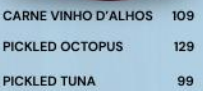
FRESH OYSTERS each	39
MUSSELS with creamy white wine and garlic sauce	89
RISSOIS 3 rissois - chicken, prawn or beef	89
PASTEIS DE BACALHAU Codfish fritter - each	29
CALDO VERDE traditional Portuguese green soup	69
VEGGIE BASKET 2 breaded mozzarella sticks, 2 Camembert bites, 2 cream cheese jalapeno poppers and 2 falafel balls	109
CHICKEN LIVERS 250g - cream or wine	79
CHICKEN GIBLETS 250g - cream or wine	95
SNAILS 6 with garlic butter OR creamy garlic sauce	119
PRAWN AU GRATIN deshelled prawn prepared in a creamy cheesy sauce	109
MESA CHICKEN TRINCHADO 150g cubed fillet cut-up served in our secret trinchado sauce	89
SHOUD HEADS 125g grilled and dressed with lemon butter or fried with tartar sauce	119
MESA BEEF TRINCHADO 150g cubed fillet served in our secret red wine sauce	99
MESA CALAMARI 125g calamari tubes grilled and dressed with lemon butter or fried served with tartar sauce	95
MESA SARDINES 3 sardines grilled the traditional way	59
PORTUGUESE GARLIC BREAD EXTRA CHEESE	19
TEMPURA PRAWNS a perfect combination of crispy, airy, light Japanese style batter and 6 succulent flavourful prawns	129
AVOCADO PRAWNS 6 juicy prawns in a creamy mayonnaise sauce served with a ripe avocado	129
PRAWN COCKTAIL a layer of crispy lettuce topped with 6 prawns and a luscious smooth, silky, velvety Marie Rose Sauce and a wedge of lemon	89
MOZZARELLA STICKS 4 breaded mozzarella cheese sticks coated in seasoned breadcrumbs	89
CAMEMBERT BITES 4 delicious, breaded Camembert cheese bites	109
JALAPENO POPPERS 4 green jalapeno pepper halves, filled with cream cheese and coated in a crispy breading	49
FALAFEL BALLS 4 deep fried ball fritters, made from ground chickpeas mixed with herbs and spices	119
AVOCADO SALMON fresh avocado paired with tender salmon creating a light and flavourful dish	119
CHICKEN WINGS 4 full Portuguese style - hot or mild	69
CRUMBED MUSHROOMS served with tartar sauce - 150g	69
HALLLOUMI 4 fried or grilled	69

Chef's Special

CHOURICO - 119

Portuguese sausage served on a flaming pork ceramic plate
PRAWN HALLOUMI SKEWER - 99

CARDOSO SIGNATURE STARTER PLATTER - 459
calamari, squid heads, tempura prawns, trinchado, breaded mozzarella sticks and 2 falafel balls
4 GRILLED OYSTERS - 149
oysters with a special Cardoso twist



Chef's Sides

CHIPS	30	MILHO FRITO	30
RICE	30	BUTTERNUT	30
MASH POTATO	30	CREAMY SPINACH	40
GRATIN POTATO	30	ROASTED VEGGIES	40

All main meals are served with your choice of a side order

LIGHT MEALS

PREGO BEEF served on a Portuguese roll	99
PREGO CHICKEN served on a Portuguese roll	89
PREGO NO PRATO prego steak, chips, egg and salad	139
STEAK ROLL served with an egg, gherkins, lettuce, tomato and onion on a Portuguese roll	129
BIFANA pork fillet served on a Portuguese roll	99
CHICKEN BURGER	99
GRILLED CHICKEN FILLET	99
THE BOSS BURGER beef patty and cheese served with onion rings	139
BIG BOSS BURGER 2 beef patties and cheese served with onion rings	169
BEEF PREGO IN BOLO DO CACO prego steak served in a traditional bolo do caco bread	109

served with chips or a side salad



EXTRA BACON 29

EXTRA JALAPENO 19

SALADS

SALADA PORTUGUESA lettuce, tomato, onion, green pepper, cucumber and olives	89
SALADA GREGA tomato, onion, green pepper, cucumber, olives and feta	99
WINTER RAINBOW PANZANELLA SALAD butternut, beetroot, grapefruit, crunchy croutons & mini mozzarella balls served with a grapefruit honey vinaigrette	109
EXTRA CHICKEN	39
EXTRA CALAMARI	49
EXTRA CHOURICO & CHEDDAR	59

CHICKEN

served with a choice of 2 sides

HALF CHICKEN peri-peri or lemon and herb (approx. 500g-600g)	110
BABY CHICKEN peri-peri or lemon and herb (approx. 900g-1kg)	189
CHICKEN ESPETADA 400g chicken thighs prepared in peri-peri or lemon and herb sauce	159
CARDOSO CHICKEN 1.2kg chicken prepared in peri-peri or lemon and herb sauce	199
CHICKEN TRINCHADO 300g chicken fillet cut up served in our secret creamy trinchado sauce	149

PORK

served with a choice of 2 sides

PORK NECK ESPETADA 400g served with black pepper sauce	175
PORK CHOPS 2 x 150g succulent chops prepared in a white wine sauce	169
SPARE RIB RACK 500g	209
SPARE RIB 2 RACKS 1kg	399
SPARE RIB RACKS 1.5kg	550
SLOW ROASTED PORK BELLY 400g served with Cardoso's secret sauce	189
PORK ESPETADA BONE IN marinated in wine and garlic	189



SEAFOOD

served with a choice of 2 sides

HAKE grilled or fried	179
CALAMARI calamari grilled in lemon butter or fried in crumbs	179
SOLE east coast sole, dressed with lemon butter or subject to availability	199
KINGKILIP grilled fillet dressed with lemon butter	299
BABY KINGKILIP served on the bone - subject to availability	279
TUNA STEAK 500g served Cardoso style	229
SARDINES 5 sardines prepared with coarse salt, served with green pepper and onions	149
BACALHAU ASSADO oven baked codfish served with green peppers, onions, chickpeas, gratin potato and a boiled egg	SQ
BACALHAU TRADICIONAL boiled codfish served with green pepper, onions, chickpeas, boiled potato and a boiled egg	SQ



PRAWNS - SQ

MEDIUM - QUEENS - KINGS
OPTION OF: 6 / 10 / 1KG
served with a choice of 2 sides

PRAWN CURRY - 209

12 deshellled prawns prepared in a coconut cream based curry sauce

PRAWN PASTA ALFREDO - 209

deshellled prawns in a creamy linguine sauce

SPECIALITIES

PRAWNS NACIONAL 8 queen prawns prepared with chilli, garlic, beer and a touch of cream	299
LAMB CURRY 350g mild curry	199
DOBRAADA traditional Portuguese tripe and bean stew prepared Cardoso style	179
CARDOSO EISEIN 1kg pickled and grilled knuckle - 20 mins preparation time	249
CARDOSO SCHNITZEL 200g CHICKEN crumbed and garnished with lemon	169
CHEESE SCHNITZEL 200g CHICKEN crumbed and baked with emmental cheese	179
LAMB SHANK prepared traditionally with fresh rosemary and red wine	339
CARNE VINHO D'ALHOS pork cubes marinated in wine and garlic	209
OCTOPUS STEW Cardoso style	290
POLVO A LAGAREIRO octopus portuguese style baked in wood fired oven	290

Chef's Combo's

HALF CHICKEN & CALAMARI Half chicken & 125g calamari	199
HAKE & PRAWNS Grilled/fried hake & 6 medium prawns	299
HALF CHICKEN & 500G RIBS	269
RUMP & PRAWNS 300g rump & 6 medium prawns	299
RUMP & CALAMARI 300g rump & 125g calamari	279
HAKE & CALAMARI Grilled/fried hake & 125g calamari	269
CALAMARI & PRAWNS 125g calamari & 6 medium prawns	219
HALF CHICKEN & PRAWNS Half chicken & 6 medium prawns	269



TOAST AND SANDWICHES

CHEESE MOZZARELLA 49

CHEESE AND TOMATO 55

HAM CHEESE AND TOMATO 59

CHICKEN MAYONNAISE 65

CHEESE BACON AND TOMATO 65

CHEESE BACON AND EGG 69

BACON AND EGG 65

MINCE AND CHEESE 75

AVO ON TOAST 79

2 Slices of toast, with cream cheese spread, Avo and topped with 2 eggs and cherry tomatoes

CARDOSO FRENCHY 89

French toast, bacon, cheese & syrup

BREAKFAST BUN 89

Fresh bun with bacon, cheese and egg served with chips

GRANOLA BOWL 89

Plain yoghurt & fresh fruit with strawberry & chia seeded granola and honey / peanutbutter

OMELETTES 109

Made with mozzarella cheese and served with a slice of toast

CHOOSE 2 FILLINGS: EXTRA FILLING 15

Ham, Cheese, Bacon, Chouriço,

Mince, Extra Cheese, Tomato, Onion,

Green / Red Peppers, Mushroom

Served
with chips



KIDDIES

MENU



FLAPJACKS 39

MAC AND CHEESE 59

CHICKEN STRIPS AND CHIPS 59

HOTDOG AND CHIPS 49

VIENNA AND CHIPS 49

CHEESEBURGER & CHIPS 75

KIDDIES PIZZA

MARGHERITA 59

REGINA 65

HAWAIIAN 65

TROPICANA 65

SPARE RIB 75



SOMETHING PORTUGUESE

PASTEIS DE NATA Portuguese Custard Tarts 25

FARTURAS Choux pastry dough fried in hot oil 15

RISSOIS (3s) Choice of: beef, chicken or prawn 89

BOLO DO CACO & CHOURIÇO 45

Portuguese bread filled with chouriço

PREGO NO PRATO 139

Prego steak served with eggs and chips and salad

AÇORDA Cubed or sliced stale bread with garlic, cilantro and poached eggs. It is a type of bread soup 69



FOCACCIA & PIZZAS

GARLIC FOCACCIA garlic/chilli, olive oil, oregano	R79
CHEESE FOCACCIA garlic & herb with mozzarella	R95
MARGHERITA cheese & tomato	R109
CHICKEN MAYO chicken with mayonnaise	R139
TROPICANA ham, pineapple & bacon	R149
VEGETARIAN onion, green peppers, olives, mushroom, feta	R159
BBQ CHICKEN BBQ chicken, bacon, mozzarella	R149
CARLITOS chicken, avo, peppadew and mozzarella	R169
REGINA ham & mushroom	R149
FOUR SEASONS ham, olives, mushrooms, green pepper	R159
CHOURICO chourico, bacon, ham, green peppers, avo	R159
LA MAMA chicken & mushroom	R149
SALAMI salami, chilli, mozzarella	R139
PEPPERONI pepperoni & mozzarella	R149
MEXICANA mince, green pepper, onion, chilli	R149
SPARE RIB spare rib, bacon, feta	R159
PORTUGUESE CHICKEN peri-peri chicken, feta green pepper, peppadew	R159
CARNE SECA AND BACON biltong, bacon, avo, oregano	R189
CARNE TRINCHADO beef, trinchado sauce peppadews, mushrooms, green pepper	R189
MEDITERRANEAN prawn meat, calamari, mussels, lemon butter	R209
CHICKEN PERI-PERI FIESTA peppadew, mayo peri-peri chicken strips	R169
DA VINCI mushroom, mince, bacon, ham, beef trinchado	R209
MEDITERRANEAN TUNA flaked tuna, onion, olives herbs, chillies, peppers	R179
LA PAPPÀ bacon & feta	R169



SUSHI served WED-SUN from 12:00 to close

Small PLATES	SALMON ROSES 4 pcs norwegian salmon, sushi rice, avocado, kewpie mayonnaise, salmon rose	145
	INARI (bean curd) 4 pcs norwegian salmon, prawn, tuna, avocado, sushi rice, kewpie mayonnaise	80
	SEALED TUNA SASHIMI 5 pcs tuna, spring onion	145
	SALMON SASHIMI 5 pcs norwegian salmon, sesame	155
	TARTARE TUNA 5 pcs norwegian salmon, sesame, ponzu dressing	170
	NEW STYLE SALMON 5 pcs norwegian salmon, sesame, ponzu dressing	170
HAND ROLLS	SALMON salmon, sushi rice, sriracha mayonnaise, avocado, cucumber	65
	PRAWN prawn, sushi rice, sriracha mayonnaise, avocado, cucumber	65
	VEG peppadew, sushi rice, sriracha mayonnaise, scallions, avocado	45
NIGIRI 4 PCS	AVOCADO avocado, sushi rice, scallions	75
	SALMON norwegian salmon, sushi rice, scallions	85
	TUNA tuna, sushi rice, salmon roe	85
	PRAWN pickled prawn, sushi rice	125
FASHION SANDWICH 8 PCS	PRAWN prawn, miso mayonnaise, avocado, nori, sesame seeds	145
	SALMON salmon, avocado, sesame mayonnaise, black sesame	145
	PHILLY cream cheese, avocado, sesame, salmon	115
SUSHI ROLL 8 PCS	SALMON CALIFORNIA ROLL salmon, nori, sushi rice, avocado, cucumber, sesame seeds	155
	PRAWN CALIFORNIA ROLL prawn, nori, sushi rice, avocado, cucumber, sesame seeds	155
	TUNA CALIFORNIA ROLL tuna, nori, sushi rice, avocado, cucumber, sesame seeds	155
	VEG CALIFORNIA ROLL peppadew, nori, sushi rice, scallions, cucumber, avocado, sesame seeds	125
	SPICY TUNA ROLL tuna, nori, sushi rice, sriracha, scallions, kewpie mayonnaise, rose, sesame seeds	155
	PHILADELPHIA ROLL smoked salmon, nori, sushi rice, cream cheese, peppadew, sesame seeds topped with crab salad	125
CHEF'S SPECIAL 6 PCS	DRAGON ROLL tempura prawn, sushi rice, cucumber, scallions, teriyaki sauce topped with avocado	155
	RAINBOW ROLL RELOADED salmon, tuna, prawn, nori, sushi rice, scallions, cucumber, teriyaki sauce, rose	175
	SALMON CRUNCH salmon, nori, sushi rice, yummy sauce, teriyaki	165
	PRAWN CRUNCH prawn, nori, sushi rice, yummy sauce, teriyaki	165
	TUNA CRUNCH tuna, nori, sushi rice, yummy sauce, teriyaki	165
	ROCK SHRIMP spicy tuna california roll topped with creamy shrimp	165
	VOLCANO ROLL salmon & avo roll topped with tanned salmon, spicy mayo, teriyaki, scallions	165
POKE BOWLS	SALMON salmon, edamame, cucumber, sushi rice, mayo, radish, seaweed	185
	TUNA tuna, edamame, cucumber, sushi rice, mayo, radish, seaweed	185
	PRAWN prawn, edamame, cucumber, sushi rice, mayo, radish, seaweed	185
	CRAB SALAD crab, spicy mayo, cucumber	125

SUNDAY MENU

GOOD FOOD ALWAYS TAKES A LITTLE TIME

Thank you for your patience.

Food Allergy?
Ask before you eat...

Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish.

Please ask a member of staff about the ingredients in your meal before placing your order. Thank you

STARTERS

SQUID HEADS R89

CHICKEN LIVERS R79

CHICKEN GIBLETS R89

CARNE VINHO D'ALHOS R109

CHOURICO R119

OYSTERS fresh or grilled (each) R39

RISSOIS (3s) chicken, prawn or beef R89

MESA CALAMARI R99

MOZARELLA STICKS R89

MUSSELS R89

SNAILS R95

PICKLED TUNA R99

PICKLED OCTOPUS R129

SALADS

SALADA PORTUGUESA R89
lettuce, tomato, onion,
green pepper, cucumber, olives

SALADA GREGA R99
tomato, onion, green pepper,
cucumber, olives, feta

EXTRA CHICKEN R39

EXTRA CALAMARI R49

EXTRA CHOURICO & CHEDDAR R59

LIGHT MEALS

PREGO beef R99

PREGO chicken R89

PREGO NO PRATO R139
prego steak, chips, egg, and salad

THE BOSS BURGER R139
beef patty and cheese served with
chips and onion rings

CHICKEN BURGER R99

BIFANA pork fillet served on Portuguese roll R99

BEEF PREGO IN BOLO DO CACO R109
prego steak served in traditional bolo do caco

SPECIALITIES

CARDOSO EISBEIN R249
20 min prep time

DOBRADA tripe & bean stew R179

CARNE VINHO D'ALHOS R209

LAMB CURRY R199

TOMAHAWK 700-800G R319

TUNA STEAK R229

OCTOPUS STEW cardoso style R290

POLVO À LAGAREIRO R290
octopus, portuguese style
baked in wood fired oven

COMBOS

HALF CHICKEN & CALAMARI R199

HAKE & PRAWNS R299

HALF CHICKEN & 500G RIBS R269

RUMP & PRAWNS R299

RUMP & CALAMARI R279

HAKE & CALAMARI R269

CALAMARI & PRAWNS R219

HALF CHICKEN & PRAWNS R269

SEAFOOD

HAKE grilled or fried R179

CALAMARI R179

SOLE R199

BACALHAU R390

PRAWNS - MEDIUM: 6 / 10 / 1KG SQ

PRAWNS - QUEENS: 6/10/1KG SQ

PRAWNS - KINGS: 6/10/1KG SQ

BEEF

SIRLOIN STEAK 300g R209

RUMP STEAK 300g R209

BEEF ESPETADA 400g R199

T-BONE 600g R259

TRINCHADO 300g R195

BITOQUE R209
aged 300g rump with an egg

PORK

PORK NECK ESPETADA R175

SPARE RIBS RACK 500g R209

SPARE RIBS 1KG R399

SPARE RIBS 1.5KG R550

PORK BELLY R189

PORK ESPETADA bone in R189

CHICKEN

BABY CHICKEN peri-peri or lemon & herb R189

HALF CHICKEN peri-peri or lemon & herb R110

CARDOSO FULL CHICKEN 1.2kg chicken R199

CHICKEN CHEESE SCHNITZEL R169

CHICKEN TRINCHADO 300g R149

SIDES

RICE, CHIPS, GRATIN POTATO, R30

MASHED POTATO, BUTTERNUT,

MILHO FRITO

CREAMY SPINACH, ROASTED VEGGIES R40

SAUCES

MUSHROOM

GARLIC

PEPPER

CHEESE

R37

DESSERTS

ICE CREAM AND CHOCOLATE SAUCE R49 **CHEESECAKE SLICE** R79

CHOCOLATE VOLCANO/BROWNIE AND ICE CREAM R79 **CRÈME BRÛLÉE** R69

PASTEIS DE NATA EACH R25 **CHOCOLATE MOUSSE** R65

RAFAELLO R79 **MALVA PUDDING** R79

CARDOSO SIGNATURE R79 **ITALIAN KISSES (3)** R79

PEPPERMINT CRISP R79 **DON PEDRO / IRISH COFFEE** R49